Introduction to Psychology - PSY 101 92671 Fall 2018 Syllabus

# Course Overview

Instructor

Dr. Vollaro

**Phone**

631-451-4367

**Email**

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**Class Time**

12:30 pm -1:45 pm TR

**Class Location**

Southampton, 234

**Office Location**

Southampton, 213

**Office Hours**

Monday & Wednesday 7:30 am - 8:00 am

Tuesday

8:30 am - 9:30 am

1:45 pm - 2:45 pm Thursday

1:45 pm - 2:45 pm

Additional office hours

by appointment

# Required Text:

Psychology, An Exploration, Cicarelli & White, 4th Edition

**Website:** http://www.josephvollarophd.com

# Course Objectives-Upon completion of this course, students will be able to:

1. Demonstrate understanding of the use of experimental and correlational research methods and their appropriate applications in the social sciences.

2. Identify the major theoretical perspectives in psychology, including behaviorist, cognitive and psychodynamic.

3. Recognize the role of biological processes in human behavior.

4. Identify some of the major sub-disciplines in the field of psychology, such as clinical/counseling psychology, social psychology and developmental psychology.

**Course Policies:**

1. Class begins promptly at 12:30 pm. Please be seated and quiet at this time.
2. **ALL CELL PHONES SHOULD BE TURNED OFF AND REMOVED FROM SIGHT!!!! NO TEXTING DURING CLASS!**

* **IF THERE IS A NEED TO TEXT, PLEASE BE RESPECTFUL AND LEAVE THE CLASSROOM.**

* **Three Strike Rule: If you are asked to remove your cell phone during class three times, you will be asked to hand in your phone before being admitted to class.**

1. The course is designed to be an interactive course. Your experience and learning will be dramatically enhanced by utilizing the additional materials designed to assist you in further exploring the covered topics. These include:

* **Power-Point** slides corresponding to class lectures can be obtained off my website:

(josephvollarophd.com)

* There are additional course materials (i.e. homework videos) and links to sites that will be helpful during the course.
* **Psychology blog:** Throughout the semester, additional information and communication will be accomplished through the Psychology Blog on the website. You are encouraged to check it at a minimum weekly throughout the semester. If you join the blog, the information will be emailed to you directly each time the blog is updated. If the information is specific to this class, it will be noted in the blog content.

1. **EXAMS:**

* The general course policy is that students take all exams as scheduled. If an exam is missed, there will be **ONE** makeup exam given. The makeup exam will be given the week before the final exam. It is the students’ responsibility to contact me to schedule the makeup. ***If the exam is not made up before the final, a zero will be assigned for the grade.***
* Only ***ONE MAKEUP QUIZ*** is allowed. Quiz one & two must be made up before the mid-term exam. Quiz three and four must be made up by ***December 10th***. ***Any missed quizzes that are not made up will be assigned a grade of zero.***
* Once a student leaves the exam room, the exam is officially closed, and an exam cannot be initiated.
* Students are required to bring a **#2** pencil to the exam.
* If a scantron is not able to be graded by the machine, **a 15-point penalty is assigned**

1. **ATTENDANCE:**

* The college defines excessive absence or lateness as the equivalent of missing more than one week of class during the semester. An instructor may remove a student, at any time, when, in the judgment of the professor, absences have been excessive.
* The policy for this course is to decrease **final average** two points for every absence over three for the semester.
* **Lateness:** Students are expected to arrive to class on time. For the purposes of attendance, two lateness’s count as one absence.

1. **GRADING:** There will be two exams given during the semester; each one of these exams will count as 25% of your grade. The writing assignment will also count as 25% of your grade. There will be four quizzes and they will be averaged together and will count as the final 25% of the grade.

* **Note:** Scantrons & papers will be returned to students after exams are graded. It is the students’ responsibility to keep them as a permanent record if there is a discrepancy in the final grade. If a student does not retain a copy of the graded work, the missing grade will be counted as it was recorded in the gradebook.

1. **EXTRA CREDIT:** Students will be allowed up to two extra credit assignments which will be credited to the midterm and/or final exams. Each extra credit will be for a **maximum** of 10 points on each of these exams. Throughout the semester, reading assignments will be posted to the **Psychology Blog**. Psy 101 students can pick an article that applies to this class and complete the following for extra credit:

* Complete a two to three-page research paper using the reading as the initial information on the topic
* Obtain a **minimum** of two other sources
* Complete the paper in **APA Format**
* **Due dates for extra credit are as follows:**

-**MIDTERM EXTRA CREDIT:** 10/16/2018

-**FINAL EXTRA CREDIT:** 12/3/2018

**Also, there is an additional extra credit opportunity on the writing assignment (see section on writing assignment for details).**

**\*THERE WILL BE NO ADDITIONAL EXTRA CREDIT OFFERED FOR THIS CLASS\***

1. **The following grading scale will be used:**

* A = 90-100
* B+= 85-89
* B = 80-84
* C+= 75-79
* C = 70-74
* D+= 65-69
* F = Below 60

1. **PLAGIARISM/CHEATING:** The Suffolk Community College Code of Conduct expressively prohibits “any and all forms of academic or other dishonesty.” Two forms of dishonesty are cheating and plagiarism.

* **Cheating:** Any form of cheating, be it on a formal examination, informal quiz or other submitted material, is a violation of the college code of conduct and may result in a failing grade for the course and/or serious disciplinary action/sanction (2002-2004 Catalog, Pg. 89.)
* **Plagiarism:** Students should realize that presenting the words and ideas of others as their own is dishonest. Examples of plagiarism include, but are not limited to:
  + Knowingly representing the words or ideas of another as your own
  + Paraphrasing or copying materials from a source without appropriate citation
  + Turning in another student’s work
  + Buying and/or downloading a paper from a research service or term paper mill

**My course policy is that anyone who is caught plagiarizing or cheating will be given an F for the course. In addition, the name will be forwarded to the Dean of Students Office so there will be a record that the F was given as a result of plagiarism or cheating.**

1. **Homework:** The general homework assignments for the course are to keep up with the reading and to watch the assigned videos as we cover the material in class. Any further assignments will be specifically noted.

1. **Withdrawals:** If for any reason you decide to withdraw from the class, **you need to do so by the deadline, which is 10/31/2018 for the current semester.** Not attending class will result in an **F.** Withdrawals are not offered past this deadline.
2. **Incomplete:** An **Inc** must be arranged with the professor and allows the student to resolve the grade within four weeks of the following semester. This is granted only in extenuating circumstances towards the end of the semester so please speak with me about the details.
3. **SCCC CARES:** At Suffolk, we are **C**REATING **A**WARENESS and **R**EADINESS to **E**ND **S**TIGMA about mental health issues. Please know that if you need support related to your psychological, emotional or social well-being, there are counselors available on campus in the Counseling Center (Ammerman Building Room 209) to provide free and confidential counseling services. Contact Sarah Boles, Coordinator of Mental Health Services, at [boless@sunysuffolk.edu](mailto:boless@sunysuffolk.edu) or (631) 451-4530 for more information.

\*It is my hope to continue to develop a website that is interesting and useful for future students of my courses. Therefore, if you have any suggestions (i.e. sites that might be added) or encounter problems (i.e. links that are no longer active), please send me an email!

**IF YOU HAVE ANY QUESTIONS, PLEASE FEEL FREE TO CONTACT ME.**

**Course Schedule**

Note: All dates and topics are subject to change based on progress through the material.

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| --- | --- | --- |
| Week |  | Reading & Website Videos |
| **September 3rd 2018** | Review syllabus; Introduction to Psychology, Psychological Disorders and Treatment | -Ch. 1, The Science of Psychology  -Ch. 12, Psychological Disorders  -Ch. 13, Psychological Therapies (pgs. 512-527)  **Website Video:**  -[Classification and Diagnosis &Definition of Disorders](https://www.youtube.com/watch?v=wuhJ-GkRRQc) |
| **September 10th 2018** | Intro to Psychology, Psychological Disorders and Treatment Cont…. |  |
| **September 17th 2018** | Finish Psychological Disorders and Treatment | -Ch. 10, Milgram Experiment (pgs. 372-374)  **Website Videos:**  -[Milgram Experiment](https://www.youtube.com/watch?v=W147ybOdgpE)  -[5 Experiments You Couldn’t Do Today](https://www.youtube.com/watch?v=zZ3l1jgmYrY)  **Case Study:**  -[Research Methods in Psychology](https://www.simplypsychology.org/research-methods.html) |
| **September 24th 2018** | Psychoanalytical Theory | -Ch. 11 (pgs. 410-418)  -Ch. 13 (pgs. 496-498)  **Website Video:**  -[Freud's Psychoanalytic Theory on Instincts, Motivation, Personality Development](https://www.youtube.com/watch?v=7vFf5CS27-Y) |
| **October 1st 2018** | Finish Psychoanalytical Theory |  |
|  |  |  |
| **October 8th 2018**  *\*Tuesday, 10/9, no day or evening classes\** | Learning theory: Behaviorism & Behavioral Treatment, Ch. 3 & Ch. 7 | -Ch. 5  -Ch. 13 (pgs. 502-506)  **Website Video:**  -[Classical Conditioning &Operant Conditioning](https://www.youtube.com/watch?v=RTVQHhbhYbA) |
| **October 15th 2018** | Finish Learning Theory  **FIRST DEADLINE DATE FOR PAPER: 10/18/2018** |  |
| **October 22nd 2018** | **EXAM 1:**  -Introduction to Psychology  -Psychological Disorders & Treatment  -The Science of Psychology  -Psychoanalytical Theory & Treatment  -Learning theory |  |
| **October 29th 2018** | Humanistic Theory**,** Ch.5 & Ch.7 | -Ch.11 (pgs. 422-425)  -Ch. 13 (pgs. 498-500)  **Website Video:**  **-**[Humanistic Theory](https://www.youtube.com/watch?v=BZry3p9DPFM)  **-**[Humanistic Facts](https://www.youtube.com/watch?v=pNxM9A8x-kw) |
| **November 5th 2018** | Finish Humanistic Theory |  |
| **November 12th 2018** | Cognitive Theory and Treatment | Ch. 7  -Ch. 13 (pgs. 506-508)  **Website Videos:**  -[Cognitive and Behavioral Theory](https://www.youtube.com/watch?v=dblRGWyDaQA)  [The Brain: A Secret History - Emotions; Bandura Bobo Doll Experiment](https://www.youtube.com/watch?v=zerCK0lRjp8) +  -[Cognitive Processes](https://www.youtube.com/watch?v=cohUMmVkipA) |
| **November 19th  2018**  *\*Wednesday, 11/21 and Thursday, 11/22, no day or evening classes\** | Finish Cognitive Theory and Treatment  **FINAL DUE DATE FOR PAPER:11/20/2018** | - **Website Video:**  -[What is CBT? Cognitive Behavioral Therapy explained](https://www.youtube.com/watch?v=0ViaCs0k2jM) |
| **November 26th 2018** | Biological Perspective | Ch.2  **Website Video:**  **-** [Biological Bases of Behavior](https://www.youtube.com/watch?v=qPix_X-9t7E&list=PLuKQrFBLHfLEQfh10tyxHG_55Gh5ulmEw)  -[Part 6 –](https://www.youtube.com/watch?v=ELpfYCZa87g) [Neuroplasticity](https://www.youtube.com/watch?v=ELpfYCZa87g)  -[How Does The Brain Work?](https://www.youtube.com/watch?v=JQEiux-AOzs) |
| **December 3rd 2018** | Finish Biological Perspective | **Website Video**  -Why Scientists are Still Fascinated with Phineas Gage  -[Frontal Lobe](https://www.youtube.com/watch?v=epzgoucE8Kw)  [Deficiencies](https://www.youtube.com/watch?v=epzgoucE8Kw)  -[The Prefrontal Cortex](https://www.youtube.com/watch?v=vb8Jg1PAL90) |
| **December 10th 2018** | Additional Topics TBA if time allows |  |

**December 17th 2018**

**Final Exam(DATE TBA)**

-Humanistic Theory

-Cognitive Theory & Treatment

-Biological Perspective

\*It would be helpful to put a reminder on your phone or another calendar so you don’t forget these deadlines\*

**WRITTEN ASSIGNMENT (100 POINTS)**

For the writing portion of the course, the student will be required to complete a writing assignment, which will be worth 25% of your grade and graded out of 100 points.

One of the goals of the research paper is to teach students how to successfully write a research paper. Part of this process will involve learning how to find good information and learning how to write in APA format. In addition, students will need to learn how to avoid ***plagiarism.*** To facilitate this process, I have a series of videos geared to familiarize you with these issues on the website. *Please make sure you watch these videos to familiarize yourself with the various requirements of the assignments.* **Failure to follow these can result in great penalties that can dramatically impact your grade.** If you have any questions regarding these areas, please see me for clarification.

The topic for the research paper will be based on the following statement:

*Today, there is a great deal of debate regarding the issue of student loans. Many students whom are pursuing higher education must make a choice as to whether to utilize these loans as part of the way they pay for their education. Students often will obtain these loans with little or no understanding about the long-term implications of doing so. The goal of the current assignment is to assist students in gaining a better understanding of how the process works so they can make a more educated decision regarding their needs.*

Your assignment is to complete a research paper that includes the following:

1. The first step of the assignment is **read and summarize** the peer-reviewed article posted on the website or which can be found at (<https://thebestschools.org/savvy-students/guide-to-student-loans>) about student loans and the current student loan crisis.
2. Obtain sources of information on the issue: Obtain a **minimum** of three other sources, one of which must be an article from a ***HIGH QUALITY SOURCE*** and expand on your summary.

* Part of the grade on a research paper is the quality of the source that was used. Students should begin to recognize that the type of sources they utilize will have a dramatic impact on the quality of the research paper. For the purposes of this assignment, a high-quality source is defined by being a peer-reviewed article or from websites that are limited to **.edu, .gov, .org**.

1. In your paper answer the following questions:
2. What did you learn that was different than you already knew regarding student loans?
3. What is your overall view of the use of student loans to finance education?
4. How has this changed your views on using student loans to finance your own education (i.e. what is your major and what does the research say specific to this major)?

**Assignment Checklist:**

* Assignments can be handed in at any time before their due dates but **NO ASSIGMENTS ARE ACCEPTED AFTER FINAL DUE DATE FOR ANY REASON**!

**FIRST SUBMISSION DUE DATE: 10/18/2018**

**FINAL DUE DATE: 11/20/2018**

* **FAILURE TO HAND IN AN ASSIGNMENT RESULTS IN A 0 FOR THAT ASSIGNMENT**
* **PLEASE MAKE SURE YOU SIGN IN EACH ASSIGNMENT TO ENSURE YOU ARE CREDITED FOR SUBMITTING IT!**
* Paper will be graded on content, grammar/organization/structure/how well you followed assignment requirements.
* Copies of at minimum, one high quality source must be handed in with paper; ***failure to do so will mean a penalty of 50 points.***
* Text and class notes can be used but don’t count towards the additional source, however**, they must be cited within the paper.**
* Paper must be completed in **APA Format; *failure to do so will result in a penalty of 50 points.***
* It is strongly advised that before you submit the paper for a final grade you have it reviewed by someone.

**EXTRA CREDIT:** One of the main ways to become a good writer and produce a good paper is through completion of multiple drafts. The extra credit for the writing assignment is designed to assist you in going through the process of multiple drafts and benefitting from integrating the feedback from these drafts into your final paper. To take advantage of the extra credit for the paper you must do the following:

* Complete the paper with all the requirements.
* Visit the writing center and have them review it. ***You must obtain proof of this from the writing center to be eligible for extra credit.***
* Implement the changes into the paper.
* Submit the paper by the first draft deadline: **10/18/2018**.
* I will return the paper with feedback and a grade. You will be eligible to make the changes based on my feedback and re-submit the paper by the final deadline and be guaranteed an A if you made the suggested changes.