

# SCCC Cares:

At Suffolk, we are **CREATING AWARENESS** and **READINESS** to **END STIGMA** about mental health issues. Please know that if you need support related to your psychological, emotional or social well being, there are counselors available on campus in the Counseling Center (Ammerman Building Room 209) to provide free and confidential counseling services. Contact Sarah Boles, Coordinator of Mental Health Services, at [boless@sunysuffolk.edu](mailto:boless@sunysuffolk.edu) or (631) 451-4530 for more information.